

PLEASE NOTE:

We are now able to take payments for outings and shopping trips by Credit Card and Debit Card, as well as cash and cheque. If possible, payment by Card is preferred.

Information for New Members- Booking Procedure

To book your place on a trip you need to call the Meeting House. We ask you to call again the day before your trip, and we will give you the time the driver will collect and drop you off from/to your home. If you have any queries, please phone Jane at the office on ph: 9427 6425 and she will assist you.

NB: NO BOOKINGS CAN BE ACCEPTED VIA EMAIL.

ALL BOOKINGS TO BE MADE VIA PHONE ON PH: 9427 6425

If you have booked an outing, then find that you cannot attend, please contact us as soon as possible, as there may be people on the waiting list that can take your place.

Did you know the Meeting House staff can assist you with shopping? The MH runs a door-to-door weekly shopping service to Lane Cove Plaza on a Tuesday and a Thursday. The driver will collect you from home at a specified time and drop you in to Lane Cove. He will then collect you at a prearranged time and assist to carry your shopping into your home. The service runs for approx. 2 hours and currently costs just \$15.

There are limited spaces available, and bookings are essential. Please call 9427 6425 to book your seat.

**Meeting House Hub
23a Stokes Street, Lane Cove North-
For all Bookings call - Ph: 9427 6425**



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Meeting House Hub



Seniors Programme – October 2024

Bus Drivers: Mal Partridge and Ross Lamb
Coordinator: Jane Venn

P: 9427 6425 E: jvenn@sydneycs.org

Welcome to our October Bus program. We look forward to welcoming you on our Bus Trips this month. Please book early to avoid disappointment – our trips book out quickly!

Please note that all bookings for trips must be requested by telephone only, and you should ring the Lane Cove Office to request the outings you are interested in.

FOR ALL BOOKINGS PLEASE CALL:

Ph: 9427 6425

COVID PROTOCOL

Our bus is now back to a nine-person capacity. **Masks, whilst not mandatory, are strongly recommended whilst on the bus.**

Please call us the morning of your trip if you are feeling unwell or have flu-like symptoms.



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Wednesday 2nd October – Lunch at Magpies Waitara

COST: \$30 plus the cost of your lunch

TIME: 10:00am - 3:00pm

The bus will pick you up and take you up to Waitara for lunch at the Magpies Waitara Club, home of the Asquith Magpie Football team. Enjoy a yummy lunch at this lovely club before a bus ride home. This is a relaxed and simple luncheon trip for those who prefer a shorter day's outing.

Wednesday 9th October – Mt Annan Gardens & Lunch @ Ingleburn RSL

COST: \$35 plus the cost of your lunch

TIME: 9:00am – 5:00pm

Take a trip to the beautiful Mt Annan Gardens where you can wander through the flowers, plants and shrubs whilst the morning tea is prepared by our driver. Once you have had your fill of nature, it is time to look after your tummy at the Salute Restaurant within Ingleburn RSL.

Wednesday 16th October – Palm Beach Peninsula Exploration

COST: \$35 plus the cost of your lunch

TIME: 9:00am -4:00pm

Come with us to the northern peninsular where we will drive and discover the lovely surroundings from Mona Vale up to Palm Beach. We will find a nice spot for the driver to provide morning tea, before more exploring, culminating at Club Palm Beach, one of our favourite locations for lunch. Relax as we drive back home in the afternoon.

Wednesday 16th October - Memory Centre Café @ the Meeting House

Cost: FREE

Time: 10am- 12pm

NO transport available for this event – you will need to make your own way to The Meeting House 23a Stokes St Lane Cove. Every 3rd Wednesday of the month we will be running a Memory Café at the Meeting House Hub with a different theme each month. This month our theme/activity will include **Therapy dogs from Delta Therapy dogs**. The morning will include morning tea and a sausage sizzle. The café is for those living with dementia and their carers. Please ensure you make a booking for this morning.



Monday 21st October – Morning Tea @ Don Bank Museum

COST: \$35

TIME: 9:00am -1:00pm

North Sydney Council is opening up the informative Don Bank Museum just for us this morning. We have organised a small overview talk about the Museum, before you are able to take your time to see the various exhibits within the Museum. We will also supply a morning tea for you to enjoy.

Wednesday 23rd October – Morning Tea @ Royal North Shore Hospital Museum.

COST: \$35

TIME: 9:00am -1:00pm

This is a special event not to be missed. The Museum will be opened today especially for us by the museum volunteers. An interesting tour has been organised for you all at this fascinating location. We will also supply a morning tea for you to enjoy. *(If you feel inclined, the museum would welcome any small donation to keep the museum going.)*

Monday 28th October – Morning Tea @ Centennial Park

COST: \$40

TIME: 9:00am -1:00pm

Time to go over the bridge to the beautiful Centennial Park. We will then have morning tea at the Centennial Homestead Café. After which, we may go for a meander around the local area before coming home.

Wednesday 30th October – Movie- “Bombshell” and Morning Tea @ the Meeting House

COST: \$35

ACTUAL EVENT TIME: 10:00 am to 12.00pm

TIME: 9:00am -1:30pm

Join us for the movie “Bombshell”, starring Nicole Kidman and Margot Robbie. Based on the accounts of the women at Fox News who set out to expose the CEO for sexual harassment. A delicious morning tea will also be provided. Bus pickups are available, or you can make your way to the centre yourself. Just let us know you are coming for catering purposes.

